

Middle School menu



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Oven baked sausage in a bun served with potato wedges	Chicken fillet served with Yorkshire pudding and new potatoes	Salmon and broccoli pasta bake	Savoury mince and dumplings served with oven roast potatoes	Battered fillet of fish served with chipped potatoes
MEAT FREE CHOICE	Mushroom tortellini in a homemade tomato sauce	Sweet and sour vegetables served with brown rice	Pizza Margherita served with oven baked potato wedges	Vegetable burrito served with oven roast potatoes	Quorn mince pie served with chipped potatoes
Hot pasta pot served with choice of sauce All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Apple and red berry crumble served with custard	Ice cream sponge served with mandarin oranges	Jam sponge served with custard and pears	Lemon drizzle cake served with peach slices and custard	Mini pancake served with sliced bananas and toffee sauce
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH food matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

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