

Middle School menu



WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Chicken curry served with brown rice	Spaghetti bolognese served with homemade garlic bread	Beef and spinach pattie in a bun served with oven baked potato wedges	Roast pork loin served with Yorkshire pudding and roast potatoes	Crispy fish bites served with chipped potatoes
MEAT FREE CHOICE	Vegetable fingers served with oven baked potato wedges	Homemade pizza Margherita served with mixed salad	Chilli bean casserole served with oven baked potato wedges	Quorn and mushroom stroganoff served with brown rice	Cheesy pasta bake served with garlic slice
Hot pasta pot served with choice of sauce All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Pineapple and coconut sponge served with custard	Vanilla ice cream served with peaches	Chocolate cake served with chocolate custard and mandarin oranges	Chocolate brownie served with pears and milk	Cornflake cookie served with milk
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH food matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

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