

# this week's menu



## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Oven baked sausages served with creamed potatoes	Chicken fillet served with Yorkshire pudding and new potatoes	Salmon and broccoli pasta bake	Savoury mince and dumplings served with creamed potatoes	Battered fillet of fish served with chipped potatoes
MEAT FREE CHOICE	Mushroom tortellini in a homemade tomato sauce	Sweet and sour vegetables served with brown rice	Pizza Margherita served with oven baked potato wedges	Spanish style frittata served with oven roast potatoes	Quorn mince pie served with chipped potatoes
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Apple and red berry crumble served with custard	Ice cream sponge served with mandarin oranges	Jam roly poly served with custard	Lemon drizzle cake served with peach slices and custard	Mini pancake served with sliced bananas and toffee sauce
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

**FRESH** food  
**matters**

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

[www.northtyneside.gov.uk](http://www.northtyneside.gov.uk)