

Resource Allocation System

Resource Allocation System

This guide is for adults with social care and support needs. It explains how we calculate your personal budget.

North Tyneside Council uses a tool called the **Resource Allocation System (RAS)** to work out your personal budget amount. The Resource Allocation System allocates points based on your answers to questions within the wellbeing assessment. These points equate to an amount of money.

During your wellbeing assessment you and your social care worker will agree how much support you need in different areas of daily living. Points are related to your answers and the total score may be reduced to reflect any unpaid care and support you will receive from an informal carer. Unpaid care and support is support that will be received and will not be paid for such as support from family, friends, neighbours and any other individuals or community groups.

The total score equates to an amount of money and this is your 'indicative' personal budget. Each point has a monetary value of £5. At this stage it is called an 'indicative' budget because it is an approximate figure.

This factsheet must be read in conjunction with:

[Factsheet 23 How we calculate your personal budget \(/web/portal/pages/help/facts/factsheet23\)](#)

[Factsheet 9 Carer's Assessment and Support \(/web/portal/pages/help/facts/factsheet9\)](#)

The following sections explain how many points are allocated to answers for each question within the wellbeing assessment.

Question 1. Please tell us how you manage and maintain nutrition; i.e. preparing or eating a meal/drink, shopping.

How much support do you need to achieve this outcome?	Points
No support needed	0
Occasional support needed once a week (i.e. shopping/ meal preparation)	3
A little support needed to manage & maintain nutrition (i.e. once a day)	5
Support needed more than once a day	8

How much unpaid care & support do you receive to achieve this outcome?	
NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 2. Please tell us how you manage your personal care during the day; i.e. maintaining and managing personal hygiene, toilet needs, or being appropriately clothed

How much support do you need to achieve this outcome? Points

No support needed	0
Occasional support needed (i.e. once or several times a week)	3
Some support (i.e. once a day)	5
Often need support (i.e. twice a day)	8
Frequently need support (i.e. several times a day)	13

Do you need more than one person to support you?

Two people at the same time to support with this	9
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How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 3. Please tell us how you manage your personal care during the night; i.e. maintaining and managing personal hygiene, toilet needs, or being appropriately clothed

How much support do you need to achieve this outcome? Points

No support needed	0
Support needed 1 or 2 times a night	8
Support needed several times a night	13

Do you need more than one person to support you?

Two people at the same time to support with this	9
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How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 4. Please tell us how you manage with running & maintaining your home; i.e. maintaining a habitable home environment, being able to make use of your home safely

How much support do you need to achieve this outcome? Points

No support needed	0
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Support needed less than once a week	1
Support needed once a week	3
Support needed several times a week	4
Support needed everyday	5

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 5. Please tell us about your relationships & your community; i.e. developing and maintaining family or other personal relationships, making use of necessary facilities or services in your community including public transport and recreational facilities or services

How much support do you need to achieve this outcome? Points

No support needed	0
Support needed to develop & maintain relationships and access the community	4
Support needed to develop more relationships & community activities and/ or a high level of support needed	5

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 6. Please tell us about how you access or engage in work, training, education or volunteering

How much support do you need to achieve this outcome? Points

No support needed	0
Support needed to continue with work, education or learning	3
Support needed to find more opportunities for work, education, learning AND/OR I need a high level of support to maintain this	4

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 7. Please tell us about any caring responsibilities you have for children

How much support do you need to achieve this outcome?	Points
No support needed	0
Occasional support needed	1
Support needed once a week	3
Support needed more than once a week	4

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 8. Please tell how you stay safe from risk or harm

No support needed	0
Support needed once or twice a week	4
Support needed at least once a day	6
Support needed all day	10
Support needed all day and all night	12

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 9. Please tell us about any of your behaviour that is challenging

How much support do you need to achieve this outcome?	Points
No support needed	0
Support needed less than once a week	3
Support needed all day	7
Support needed all day and all night	12

How much unpaid care & support do you receive to achieve this outcome?

NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 10. Please tell about how you make choices and decisions

How much support do you need to achieve this outcome?	Points
No support needed	0
Support needed to make some choices and decisions (less than once a week)	1
Support needed to make some choices and decisions (at least once a week)	3
Support to make choices and decisions everyday	5
How much unpaid care & support do you receive to achieve this outcome?	
NO support	N/A
LITTLE support	25%
HALF of the support	50%
MOST of the support	75%
ALL the support	100%

Question 11. Please tell us about the impact your caring role has on your daily life (Completed by your carer)

Impact of caring role

The caring role has some impact on the carer's wellbeing and the carer's physical or mental health is either deteriorating or is at risk of doing so or the carer is unable to achieve any of the specified outcomes

4 points

The caring role has a substantial impact on the carer's wellbeing and the carer's physical or mental health is either deteriorating or is at risk of doing so or the carer is unable to achieve any of the specified outcomes

6 points

The caring role has a critical impact on the carer's wellbeing and the carer's physical or mental health is either deteriorating or is at risk of doing so or the carer is unable to achieve any of the specified outcomes

10 points

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