

**Meeting:** Adult Social Care Health & Wellbeing Sub-Committee

**Date:** Thursday 4 October 2018

**Title:** North Tyneside Falls Strategy 2017-2020

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**1. Purpose:**

The purpose of the report is to update the Adult Social Care Health & Wellbeing Sub-Committee with regards to progress being made against the Health & Wellbeing Board's Strategic Objective No. 9 "To reduce falls and fractures risk and ensure effective treatment, rehabilitation and secondary prevention for those who have fallen".

**2. Recommendation(s):**

For information

**3. Policy Framework**

This item relates to sections 7, 8 and 10 of the Joint Health and Wellbeing Strategy 2013-23.

This item relates to North Tyneside Falls Strategy.

The item also links to NHS North Tyneside CCG's corporate objectives as detailed below:

<b>2018/19 corporate objectives</b>	<b>Item links to objectives</b> ✓
1. Commission high quality care for patients, that is safe, value for money and in line with the NHS Constitution.	✓
2. Meet the CCG's financial duties and support delivery of the CCG's other objectives, on a sustainable basis.	
3. Work collaboratively with partners and stakeholders to develop sustainable health and social care in North Tyneside and the wider Cumbria & North East system. ✓	✓
4. Continue to develop North Tyneside CCG as a patient focused, clinically led commissioning organisation with a continuous learning culture.	

#### 4. **Information:**

North Tyneside Fall Strategy sets out the system commitment and plans for reducing the rate of falls and harm from falling in North Tyneside which is led by North Tyneside CCG. It sets out our current situation, strategic priorities, required service developments, ambitions and key actions.

Falls have a dramatic impact on individuals, families and the health and social care system. More people are falling in North Tyneside compared with other areas which has remained largely unchanged over the past four years. There are on average of 115-140 people over 65 admitted to hospital with a fall each month which costs an average of £4.7 million each year. This doesn't include the cost of social care or money that families pay for care or the unnecessary physical and emotional suffering that a fall can cause for the person and their family.

Falling is not an inevitable part of growing old and can be prevented by organisations and the public working together. North Tyneside partners from Health, Social Care, Private and Voluntary Organisations, North Tyneside CCG, North Tyneside Council and The Tyne & Wear Fire Service are committed to working together to support people to age well in North Tyneside, to not only to live longer but to extend their lives in good health and maintain functional ability and independence.

The impact of the strategy will be measured by a year on year reduction in people being admitted with a fractured neck of femur and a reduction of people falling whilst in Hospital, Nursing Homes or Care Homes.

Together we aim to:

- Ensure that the population understand what they can do to age well and reduce their risk of falls.
- Prevent frailty, promote bone health and reduce falls and injuries
- Early intervention to restore independence
- Respond to the first fracture and prevent the second
- Improve patient outcomes and increase efficiency of care after hip fracture

Together we aspire to create a “fall free” North Tyneside.

#### 5. **Appendices:**

*Appendix 1 - North Tyneside Falls Strategy*

#### 6. **Contact officers:**

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## **7. Background information:**

The following background documents have been used in the compilation of this report and are available from the author:-

- *North Tyneside Falls Strategy – appendix in this document*