



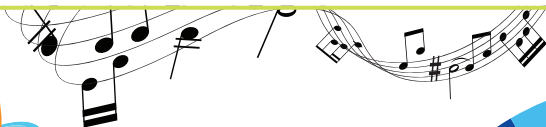
Under 5s DUCKLINGS and SWIM-A-SONG

Ducklings are adult and child sessions which help develop water confidence in babies and toddlers. Your child can work towards five grades of colourful awards – each with its own certificate and badge!



Swim-a-Song is a fun and innovative programme to introduce babies and young children – supported in the pool by their parent or carer – to the world of aquatics! Songs are accompanied by movement to help build water skills and confidence.

See over
for venues
and times!





Under 5s

DUCKLINGS and SWIM-A-SONG



Waves, The Links, Whitley Bay, NE26 1TQ (0191) 643 2600

Tuesday	Ducklings	12.45pm - 1.15pm	Ages 2½ years to 4 years
Wednesday	Ducklings	11.45am - 12.15pm	Ages 4 months to 2 years
Thursday	Ducklings	10.45am - 11.15pm	Ages 2½ years to 4 years
	Ducklings	12pm - 12.30pm	Ages 4 months to 2 years

Tynemouth Pool, Beach Road, North Shields, NE29 9PX (0191) 643 2900

Wednesday	Ducklings	12.30pm - 1pm	Ages 0 to 4 years
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The Lakeside Centre, Southgate, Killingworth, NE12 6SA (0191) 643 4177

Monday	Ducklings	12.30pm - 1pm	Ages 2 years to 4 years
Wednesday	Ducklings	12pm - 12.30pm	Ages 2 years to 4 years

Hadrian Leisure Centre, St Peter's Road, Wallsend, NE28 7LQ (0191) 643 2025

Monday	Swim-a-Song	9.45am - 10.15am	Ages 2½ years to 4 years
	Ducklings	12pm - 12.30pm	Ages 0 to 4 years
		12.30pm - 1pm	Ages 0 to 4 years
Wednesday	Ducklings	12pm - 12.30pm	Ages 0 to 4 years
		12.30pm - 1pm	Ages 0 to 4 years
Friday	Ducklings	12pm - 12.30pm	Ages 0 to 4 years
		12.30pm - 1pm	Ages 0 to 4 years
Saturday	Ducklings	10am - 10.30am	Ages 0 to 4 years



All sessions run during school term-time only