

# Education, Health and Care plans

## Getting the right kind of support



Some children and young people who need extra help with learning have **Education, Health and Care plans**. Sometimes these are called **EHC plans**.



The plan will use information from your EHC Needs Assessment to say what you want to **achieve** and what **support** must be provided to help you.

### What is in the plan?



Everyone will have a different plan because it is **all about YOU**. We are all different.

It will have information like:



- **Who** you are
- How you **communicate**
- What you want to **achieve**
- Why **you need help** with things
- What **kind** and **amount** of **support** you need, and **how often** you must get it
- Where you go to school or college (if you do)

Once this support is written down in the plan, it **must** be given to you.



All the people that support you will be able to see your plan. It should help them work together to support you



You have the **right** to say what kind of information you think should be in your plan and who you want to see it.

## Who gets a plan?



If you are aged **25 years or under** and you need extra help with learning then you might get a plan to help you get more support.

EHC plans will carry on until you are **25 years** old. They will **stop** if:



- You go to **University**
- You get a **job**
- The local authority think you do **not need** it anymore

You can tell the local authority what you think about your plan and they **must** listen to you.

The local authority are sometimes called 'the council'. They might say that you do **not need** an EHC plan anymore if there are **big changes** that mean you no longer need the support in the plan. They will tell you first.



If you **do not agree** then you can say so. You can ask your local **Information, Advice and Support Service** for **help**.



To find out more about EHC plans, go to:  
<https://www.youtube.com/watch?v=ughC-a5RhAc>



North Tyneside  
**sendiass** can help if you have any  
**questions** about your EHC plan.



Contact SENDIASS on 0191 643 8313 **or**  
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