

Hadrian Leisure Centre

ST PETER'S ROAD, WALLSEND, NE28 7LQ

POOL PROGRAMME



February half term
Pool Programme 2025



North Tyneside Council



hadrianleisure



@NTCLeisure



(0191) 643 2025

MONDAY

24 February 2025

Public swimming:

Main pool public swimming
7.15am–9.30pm (adults only from 8.30pm)
Main pool lane swimming
7.15am – 11am
3pm – 7pm
8.30pm–9.30pm (adults only)
Small pool public swimming
7.15am–8am
8.45am–9.30pm (adults only from 8.30pm)

Activities:

Main pool	
11am–1pm	Lifeguard Course (2 lanes)
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 per session)
Small pool	
8am – 8.45am	Aqua HIIT

TUESDAY

25 February 2025

Public swimming:

Main pool public swimming
7.15am – 9.30pm (adults only from 8.30pm)
Main pool lane swimming
7.15am – 10am
1pm–2.30pm
5pm–7pm
8pm–9.30pm (adults only from 8.30pm)
Small pool public swimming
7.15am – 9.30pm (adults only from 8.30pm)

Activities:

Main pool	
7.15pm–8pm	Aquafit
10am–1pm	Lifeguard course 2 lanes
2.30pm–5pm	Lifeguard course 2 lanes

WEDNESDAY

26 February 2025

Main pool public swimming
7.15am – 9.30pm (adults only from 8.30pm)
Main pool lane swimming
7.15am – 9.25am
3pm-6.55pm
Small pool public swimming
7.15am – 8am
8.45am – 9.30pm (adults only from 8.30pm)

Activities:

Main pool	
9.30am-10.15am	Aquafit
10.15am-1pm	Lifeguard course 2 lanes
7pm-7.45pm	Aquafit
Small pool	
8am-8.45am	Aquafit

THURSDAY

27 February 2025

Main pool public swimming
7.15am – 9.30pm (adults only from 8.30pm)
Main pool lane swimming
7.15am – 9.25am
11.30am-6.55pm
8pm-9.30pm (adults only from 8.30pm)
Small pool public swimming
7.15am – 9.30pm (adults only from 8.30pm)

Activities:

Main pool	
9.30am-10.15am	Aquafit
10.15am-11.15am	Lifeguard course 2 lanes
7pm-7.45pm	Aquafit

28 February 2025

Public swimming:

Main pool public swimming
7.15am – 6.30pm
Main pool lane swimming
7.15am – 9.25am
10.30am – 12pm
5.30pm–6.30pm
Small pool public swimming
7.15am – 6.30pm

Activities:

Main pool	
9.30am - 10.15am	Aqua Zumba
1.30-2.45pm	Pool Inflatable session
3pm-5.30pm	Lifeguard assessment (3 lanes)
6.30-8.30pm	Club hire
Small pool	
1.30-2.45pm	Toys and Floats

SATURDAY

1 March 2025

Public swimming:

Main pool
8.15am - 3.15pm
Lane swimming (main pool)
8.15am - 9.55am
10.50 - 1.30pm
Small pool
8.15am - 3.15pm

Activities:

Main pool	
10am - 10.45am	Aquafit
2.15pm - 3.15pm	Pool Inflatable (public swimming available on the left side of the pool)
3.45pm - 4.45pm	Pool parties (bookable)
5.00pm - 6.00pm	Additional Needs Session*
Small pool	
2.15pm - 3.15pm	Toys and Floats
3.45pm - 4.45pm	Pool parties (bookable)
5.00pm - 6.00pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

SUNDAY

2 March 2025

Public swimming:

Main pool public swimming
8.15am - 3.15pm
Main pool lane swimming
8.15am - 3.15pm
Small pool public swimming
8.15am - 3.15pm

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5.00pm - 6.00pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)