



Food Allergies

Food allergies and intolerances

North Tyneside Council recognises the importance of making school meals available for everyone and that includes children with food allergies and intolerances.

If your child requires a medically prescribed diet then it is important that you contact us so that we can make sure their school lunch is safe to eat.

Likes and dislikes

Our aim is to ensure that not only does your child receive a school meal that meets their medical requirements but that they also have a school lunch that they enjoy.

We currently offer a range of diets including :-

- Dairy Free
- Egg Free
- Gluten Free
- Legume Free
- Nut Free

Peace of mind

All our core menus are analysed by a qualified dietician as part of a partnership between North Tyneside Council and Northumbria Healthcare Foundation Trust, ensuring the menu we offer is suitable for your child's needs.

Contact us

In the interest of safety a meal cannot be provided for any child with a food allergy or intolerance until parents/carers have met with a Manager from North Tyneside Council Catering Services. A bespoke menu will be compiled for your child, taking into account their likes and dislikes wherever possible.

To arrange an appointment please call

(0191) 643 8355