

HAF ANNUAL REPORT

2023-2024



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Since 2021, the Holiday Activities and Food (HAF) programme has provided support to children in receipt of free school meals in North Tyneside.

The third year of delivery has seen change and consolidation to the programme.

The introduction of a new online booking system posed challenges and opportunities, but strong relationships with providers allowed us to build on previous successes and continue to offer a range of high quality and enriching activities across the borough.

The booking system has allowed us to ensure data collection is completed accurately (98% accurate in summer 2023). It provides a strong evidence base for match-funding applications - we are proud to have secured £46,000 in match-funding for the HAF programme in 2023 which allowed us to expand the programme to vulnerable children who aren't eligible for income-based free school meals.

Finally, it makes it easier for parents/carers to find and book activities, which has improved engagement. We delivered a total of 18,676 sessions across the year. The average number of days each child attended was:

3.5 at Easter 6.6 in the summer 2.8 at Christmas

The retention of children across multiple days at each holiday period is testament to the high quality of the providers and the variety of activities they deliver.

Improving the quality of HAF provision and the experience for children and young people is at the centre of North Tyneside's approach. We work with internal and external partners to enhance the offer for our families.

During 2023 we continued to work closely with our colleagues across different council services. We introduced a new 'swim pass' in the summer, working with our leisure centres to make swimming accessible to as many children as possible who are eligible for free school meals. This would not have been possible without the booking system and has been a very popular offer which will continue throughout 2024. Across 2023, a total of 436 free swims were used (369 in the summer and 67 at Christmas).

Recognising the importance of reading to school attainment and the lack of access to books in some low-income households, we collaborated with our colleagues in the libraries service to introduce the Summer Reading Challenge as part of HAF provision. Reading has now become a staple part of the HAF programme in North Tyneside and is frequently mentioned by children as one of their favourite parts of the programme. Over 150 children completed the Summer Reading Challenge in 2023.

Not only did we work with colleagues, but we continued to develop our partnerships with local businesses, museums and food providers to improve our offer. Surfing, museum visits and the theatre have all become regular features of the HAF programme with 268 children receiving a surfing lesson in the summer.

OUR PROVIDERS

The ease INTO programme in North Tyneside provides a huge range of activities for children and young people. We are grateful to the diverse organisations who deliver these activities including multi-sports clubs, playschemes, surf schools, performing arts companies, forest schools, cooking clubs and more.

The majority of providers were voluntary and community sector (VCS) organisations with 25 constituted as either charities or CICs. 21 were private organisations and four were schools. North Tyneside Council has worked with VODA (Voluntary Organisation Development Agency) to make the application process easier for smaller VCS organisations and to support them with the development of the required policies and procedures.

Throughout 2023/2024, North Tyneside Council funded 50 organisations to deliver HAF activities. 36 of those delivered across at least two holiday periods.

A full list of all of the organisations involved in HAF 2023/2024 can be found in Appendix A.



CASE STUDY: JUSTICE PRINCE CIC

Justice Prince's programme involves every member of the family and includes a wide range of exciting and enriching activities that children would otherwise miss out on.

Justice Prince interviewed families about the impacts of the summer programme. Parents commented on the benefit of meeting 'friends from other families', and 'being out with the local community'. If not for this programme, the sense of wider community cohesion and involvement would not be possible.

The positive impacts on parents' mental health is also evident, with parents mentioning the opportunity to connect with other parents and make new friends. One parent said the programme, 'helped my mental health loads'.

CASE STUDY: CHILDREN NORTH EAST

Children North East is a charity that exists to support babies, children and young people in their families, schools and communities. The team has worked consistently with a group of young people to build good relationships. With the addition of match-funding, Children North East has been able to reach more vulnerable young people who were not eligible for income-based free school meals.

One young person, called T, accessed the provision through match-funding. T is a ten-year old boy with Autistic Spectrum Disorder, who attends a special needs school in North Tyneside. T's mum was expecting a second child, which was a big change for T. He attended every day, which meant staff could talk to T about his upcoming role as an older brother and support him to decorate a pillowcase with art for the new baby. T's dad said: "We really struggle to find things for T to do outside of school because of his autism. It's been a huge relief to know he's been busy all summer and happy."





"The children were excited to receive the book and learn about the characters. Lots of children are very young, so an emphasis was placed on reading together with a parent/carer. Several children joined the library as a result of the introduction to the library."

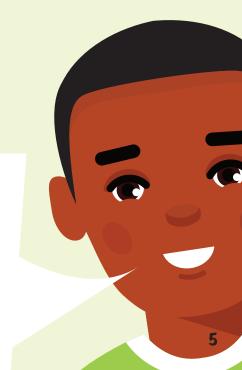
"We had some kids really resistant to us reading a story to the group, however, as the week went on, we saw some of the kids really look forward and enjoy listening to a story."

CHILDREN SAID:

55

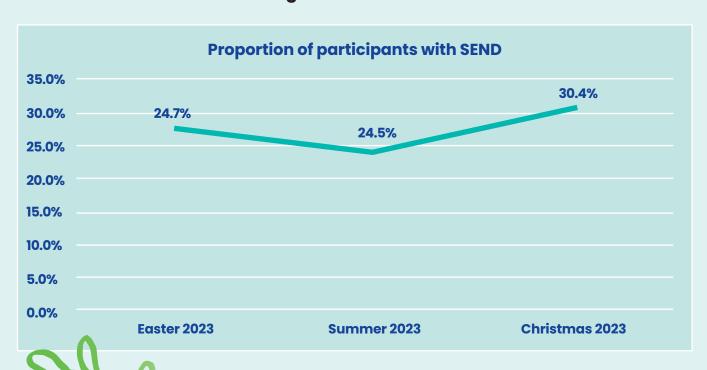
"I really enjoyed reading through the summer holidays. I don't usually read at home, but I enjoyed this because I got stickers and a medal at the end."

"I liked being able to change my books easily. I hope I can do this next summer too."





We are proud to offer an inclusive programme with a high proportion of children with SEND accessing activities.



We have seen a consistent level of secondary age participation, at around 20% of overall attendance. This has remained at a similar level across all years of HAF delivery and is a priority for improvement.

EASTER 2023

SUMMER 2023

CHRISTMAS 2023

SECONDARY 20.5%

21.0%

19.8%

The total number of sessions attended in 2023 was 18,676. Retention of children and young people is an area we are particularly proud of, we know that the more provision children access, the greater the impacts.







The programme is managed by the social inclusion team, with support from the communities and children's participation team.

A steering group is made up of representatives from public health, early help, school improvement, housing and community safety, the North of Tyne Combined Authority, Active Partnership, emergency services, Karbon Homes and voluntary and community social enterprises.

ADMINISTRATIVE EXPENDITURE

Contribution towards **x 4 full time posts**

£82,960

PROGRAMME EXPENDITURE

The cost of face-to-face delivery of activities



FINANCE

OTHER EXPENDITURE

The cost of things like transport and the booking system



TOTAL:

£830,360.00

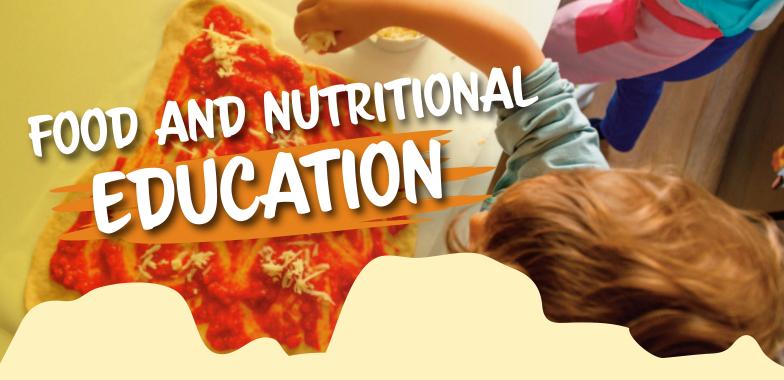
We are encouraged to use 10% of the overall HAF funding towards staffing, management, and co-ordination of the programme. This goes towards the cost of the full time members required to manage and co-ordinate the programme.

MARKETING AND COMMUNICATIONS

IN 2023/2024, MARKETING ACTIVITY COMPRISED OF:

- communication with head teachers, internal services, ward councillors and the steering group
- social media (primarily Facebook) through the North Tyneside Participation page
- communication sent directly to eligible parents through schools
- the ease INTO newsletter (which parents and carers can sign up to via the booking system - this goes out to over 2,300 email addresses)
- visits to schools to support families with the new booking system
- attending events such as the Wallsend Festival and Mouth of the Tyne Festival
- flyers available in 13 different languages, which are shared with schools upon request and with a local charity that works with refugees and asylum seekers





The quality of food provision on the HAF programme has consistently improved in the past three years.

In the first year of delivery, a large proportion of providers were using external caterers to supply basic packed lunches. As of summer 2023, only five providers were offering a packed lunch, while other providers offered a variety of hot and cold food options, including:

- · homemade pizza, curry, bolognaise
- homemade chicken nuggets
- daily wrap stations with variety of fillings
- fajitas, lasagna

Three providers in 2023 offered activities focussed specifically around cooking; they were very popular and booked up quickly.

Providers have access to shared resources for food education including recipes, ideas for games and activities, information and signposting.

82%

of parents and carers agreed that their child had learned about healthy eating on the programme, and only 1% disagreed.

CASE STUDY: WHITLEY BAY FOOD AND NUTRITION

Whitley Bay Food and Nutrition were a new provider in 2023, led by a food tech teacher from a local high school.

The programme ran from a secondary school and was extremely successful in terms of attendance and feedback.

Each day was themed around food from a different country, with a healthy breakfast available each day.

Whitley Bay Food and Nutrition worked hard to target vulnerable and SEN students. One student had emotionally based school avoidance. The parent told us, "She couldn't wait to attend the club and it was the first time in a long time she had engaged, she won't attend school but loves coming here."

ENRICHING ACTIVITIES



All providers in North Tyneside are required to offer a range of enriching activities as part of their programmes. They have access to a 'central offer' directory which gives information about activities they could incorporate into their programme.

In 2023, some of the activities on offer included:

- · trips to the Centre for Life
- · drama and performing arts
- · forest schools
- visits from the police and fire departments
- visits to local attractions such as farms, outdoor play areas and the beach
- yoga
- dance
- beekeeping
- gardening
- jewellery making
- · working with learning dogs

91%

rated these as either excellent or good

92%

agreed that their child learned new skills



CASE STUDY: PLAY MEET STREET

To celebrate National Play Day on 2 August 2023, providers were encouraged to take part by running child-led play on the day.

The HAF team worked with an organisation called Play Meet Street, who believe that children have the right to play out in their local area. They support communities to work together to temporarily close their streets for a few hours to allow children to play and adults to meet and chat.

An introduction between Play Meet
Street and East End Youth and
Community Centre was facilitated. East
End Youth is an established HAF provider
based in North Shields and delivers
sessions for children and young people
outside of HAF delivery periods.

East End Youth arranged a 'play street' as part of their summer HAF programme. The children had so much fun that they are planning to repeat it in summer 2024.



Physical activity is a core element of the HAF programme and providers in North Tyneside are expected to incorporate at least 60 minutes per day.

Quality assurance visits confirm that providers in North Tyneside are delivering on this.

91%

of parents and carers agree or strongly agree that their child exercised more as a

81%

of young people said they had been more active than they otherwise would have been.

result of the programme.

99%

of children said they either moved around a lot or a bit each day. In North Tyneside, our focus is on making sure that physical activities are varied, so that every child can find something they love.

Surfing has become a key part of the HAF programme in North Tyneside, with 268 children receiving a lesson in the summer and 149 children receiving a lesson at Easter.

"We had the best time, T started off really nervous but by the end was literally loving it, couldn't rate Nathan our teacher enough he was so good with old and young alike... thank you so much for giving T the opportunity to try something new." - HAF parent.

The summer introduced a new offer in the form of a free swimming pass for eligible children. The pass could be used an unlimited number of times to access free swimming for the child named on the email. 100% said they would recommend to others and 100% agreed that the pass helped their child to exercise more and have fun.

"It was a fantastic offer. My child was able to exercise, have fun and stay off the computer and off the streets." - HAF parent.

Across the year, 436 free swims were used, set to increase in 2024.



To support families who might not be able to access an activity, the HAF team worked with local businesses to offer SEND exclusive sessions at popular family venues:

- At Christmas 2023 families were able to book an afternoon at Ace Playce, a local soft play centre, with the venue closed to other members of the public and a buffet available
- The popular Christmas pantomime offered a relaxed showing, specifically for children with SEND and their families

By offering activities that parents could attend with their children, HAF became more accessible for children who might struggle to attend a mainstream activity.



children with complex needs who require a 1:1 member of staff to support their attendance at activities.

The HAF team developed an in-house playscheme which began in Summer 2022 and has continued throughout 2023.

In Easter 2023, 22 children accessed the playscheme, increasing to 31 children in summer 2023 and 36 children at Christmas. This is comparable against the number in 2022 which were 11 children in summer and 14 children at Christmas.

The children were identified by the Children's Disability Team as being most in need.

North Tyneside uses a large proportion of the 15% flexibility within the funding to focus on offering SEND provision, we estimate this to be around 7.5%.

The proportion of children with SEND accessing HAF activities has increased year on year and in 2023 was 27.4% on average.

We use a key to support parents to find an activity that is suitable for their child:

- SEND friendly mainstream providers who can make reasonable adjustments to accommodate children with SEND
- SEND friendly with 1:1 mainstream providers who have some staff available to support children 1:1
- SEND specific providers with a specific focus on accommodating children with SEND but who do not have staff to provide 1:1
- SEND specific with 1:1 providers with a specific focus on accommodating children with SEND on a 1:1 basis

The breakdown of providers in each of these categories in 2023, can be seen below:

SEND FRIENDLY 42

SEND FRIENDLY
WITH 1:1

SEND SPECIFIC 5

SEND SPECIFIC WITH 1:1







THE KEY CHALLENGES OF 2023 INCLUDED:

- introducing the new booking system
- tackling non-attendance

For Easter 2023 a new online booking system was introduced to manage HAF bookings and monitor attendance data.

The system automatically checks whether or not a child has applied for FSM when they register. If the family has not applied for FSM it sends to prompt to register.

The implementation was challenging, but also created some opportunities. In the run-up to summer, the HAF team visited 12 schools to help families sign up to the system. These schools were targeted based on low attendance during the Easter holidays and the work led to an increase in attendees who had never previously accessed HAF.

38% of participants in the summer said they had never accessed HAF before, compared to 30% of participants at Christmas 2022. By Christmas 2023, 90% of parents and carers rated the booking system and information prior to the activity as being excellent or good.



The introduction of the booking system provided a more accurate picture around attendance and highlighted an issue with non-attendance. Several initiatives have been introduced to encourage attendance at booked activities:

- attendance certificates for children
- book vouchers as prizes for attendance
- a prize draw for high attendance after each holiday period
- emails to families in advance of each holiday period to explain the importance of cancelling with as much notice as possible if they can't attend

We are pleased to report that our non-attendance rate is reducing, and we will continue to tackle this throughout 2024.

PARTNERSHIPS

The growth of local partnerships is a great opportunity to support for the future of HAF in North Tyneside.

At Easter, there were questions raised from parents who had children who were not eligible for income-based free school meals, in particular, families on low-incomes and children with SEND.

Although these children could still access the programme through the 15% flexible funding, the number of spaces available wasn't enough to meet demand.

The HAF team approached other funders to extend the programme ahead of the summer. The programme received an additional £40,000 from Public Health and £6,000 from Karbon Homes. The extra funding provided a lifeline for many families who couldn't otherwise have accessed the programme.

In total, 263 children accessed a total of 1,522 sessions.

FAMILY FEEDBACK:

"Myself and two children and my brother and his children had a fantastic day today"

"This is the best thing they have done in the summer holidays."

CASE STUDY: LILIDOREI FAMILY VISIT

Wallsend is an area in North Tyneside with high numbers of free school meal eligible children, and 44.5% of Wallsend residents live in a neighbourhood that was in the 10% most deprived in England in the 2019 indices of deprivation.

Wallsend is a priority area for HAF provision.

Lilidorei is an exciting new family attraction at The Alnwick Garden.
Feedback from previous holiday periods had shown that parents and carers value opportunities to spend time with their children. Through the match-funding in the summer and in partnership with Wallsend Children's Community, a family trip to Lilidorei was organised with buses collecting families from various pick-up points in Wallsend.

Being able to offer this to non free school meal eligible families in Wallsend made this a more inclusive opportunity, building community ties.

The trip was able to give children and families opportunities in line with their peers.



We use parent and child feedback as an opportunity to impact and influence future planning. We use surveys during each delivery period to gain as much insight as possible.

PARENT/CARER FEEDBACK:

98%

of parents and carers would recommend the activity to a friend 94%

of parents and carers agreed that their child had built their confidence 96%

of parents and carers agreed that their child had socialised more 94%

of parents and carers agreed that their child had less screen time

CHILDREN'S FEEDBACK:

87%

of children said they had lots of fun 94%

of children said they tried new things **99**%

of children said they either loved or liked the food 100%

of children said they were physically active





children enjoyed the activities



inclusive activities



children made new friends



staff were excellent

PARENTS' RESPONSES:

"The staff are phenomenal, well trained and very child friendly"

"My child with special educational needs had a very positive experience in this club and I really liked how this club was welcoming and understanding of his needs, as other places could not meet his needs"

"This club has been invaluable to us as a family"

"It's such a relief he's been active when usually he would have been sat in front of his iPad or TV. Will 100% recommend these camps"

APPENDIX A EASE INTO PROVIDER OVERVIEW

SOUTH WEST - WALLSEND, HOWDON, BATTLE HILL

Access Coaching – Stephenson Memorial Primary School

Age range: 5–12 SEND: Friendly

Paid spaces available: Yes

Provider contact name: James Carron

Provider email: accesscoaching1@hotmail.co.uk

Active Care and Development

Age range: 8–16 SEND: Friendly

Provider contact name: Daniel Wilson Provider email: daniel.wilson@ntlp.org.uk

Andrew Cartwright Football Coaching Ltd – Denbigh Primary School

Age range: 5-14 SEND: Friendly Paid spaces: Yes

Provider contact name: Andrew Cartwright
Provider email: andy@andrewcartwrightfc.com

Family Gateway

Age range: 6–11 SEND: Friendly

Provider contact name: Mandie Smedley

Provider email: mandie.smedley@familygateway.co.uk

Provider phone number: 0191 209 0092

Fun Little Foodies

Age range: 8–14 SEND: Friendly

Provider contact name: Beth Hall

Provider email: funlittlefoodiesne@gmail.com

Kids Kitchen – Battle Hill Primary School

Age range: 4–11 SEND: Friendly

Provider contact name: Diane Wright Provider email: hello@kids-kitchen.uk

Nature Makers

Age range: 4-12 SEND: Friendly Paid spaces: Yes

Provider contact name: Katherine Elder

Provider email: katherine@nature-makers.co.uk

North East Family Fitness CIC

Age range: 5-12 SEND: Friendly

Provider contact name: Claire Robinson Provider email: clairelouiser84@icloud.com Provider phone number: 07491371109

Power Through Sport

Age range: 11–16 SEND: Friendly Paid spaces: Yes

Provider contact name: Johnny Tulip

Provider email: johnny@powerthroughsport.com

Rachael's Rascals Childcare

Age range: 4-10 SEND: Friendly Paid spaces: Yes

Provider contact name: Rachael Weldon

Provider email: rachaelsrascals@hotmail.co.uk

Provider phone number: 07359 079 602

True Colours Theatre

Age range: Varied SEND: Friendly

Provider contact name: Shannon

Provider email: mail@truecolourstheatre.co.uk

Provider phone number: 07786 362 940

Wallsend Boys Club

Age range: 4–16 SEND: Friendly Paid spaces: Yes

Provider contact name: John Percival

Provider email: wallsendboysclub@gmail.com

Provider phone: 0191 263 9490

CENTRAL - NORTH SHIELDS, NEW YORK

Active Families at The Parks Sports Centre

Age range: 6-11 SEND: Friendly

Provider contact name: Amy Swan

Provider email: amy@activefamiliesne.co.uk

Provider phone number: 07896 889 175

All Stars Active at Percy Main Primary School

Age range: 6-11 SEND: Friendly

Provider contact name: Rhys Clarke Provider email: rhys@allstarssport.co.uk Provider phone number: 07825 268 772

Bigfoot Arts Education at Whitehouse Primary School

Age range: 5-11 SEND: Friendly

Provider contact name: Steph

Provider email: northeast@bigfootartseducation.co.uk

Provider phone number: 07772 811 478

Blended Studios

Age range: 11-16 SEND: Friendly

Provider contact name: Scott Marshall

Provider email: scottmarshall@blendedstudios.co.uk

Football and Fitness at New York Primary School

Age range: 4-11 SEND: Friendly

Provider contact name: Gary Steadman

Provider email: footballandfitness@hotmail.com

Provider phone number: 07717 413 178

The Meadows

Age range: 8-13 SEND: Friendly

Provider contact name: Sarah

Provider email: sarahm@themeadows.community

Provider phone number: 0191 341 0033

YMCA

Age range: 8-11 SEND: Friendly

Provider contact name: Nathan

Provider email: community@ymcanorthtyneside.org

Spring Gardens Out of School Club

Age range: 4-11 SEND: Friendly

Provider contact name: Dawn

Provider email: springgardensooscltd@gmail.com

Provider phone number: 0191 296 1449

NORTH WEST - LONGBENTON, KILLINGWORTH, DUDLEY, BURRADON, SHIREMOOR

Active Families – Lakeside Centre

Age range: 6-11 SEND: Friendly

Provider contact name: Amy

Provider email: amy@activefamiliesne.co.uk

Andrew Cartwright Football Coaching at Burradon Primary School

Age range: 4-14 SEND: Friendly

Provider contact name: Andrew Cartwright
Provider email: andy@andrewcartwrightfc.com

Provider phone number: 07568 316 487

Blue Flames Sporting Club

Age range: 8-16
SEND: SEND friendly

Provider contact name: Amy

Provider email: reception.blueflames@googlemail.com

Provider phone number: 0191 270 0885

Children North East

Age range: 9 - 16 SEND: Friendly

Provider contact name: Kate Sandberg

Provider email: enquiries@children-ne.org.uk

George Stephenson High School – sports camp

Age range: 10–16 SEND: Friendly

Provider contact name: Fraser Patrick Provider email: fpatrick@gshs.org.uk

Provider phone: 0191 216 1115

George Stephenson High School – photography camp

Age range: 9–16 SEND: Friendly

Provider contact name: Fraser Patrick Provider email: fpatrick@gshs.org.uk

Justice Prince

Age range: 4–11
SEND: SEND Friendly

Paid spaces: Yes

Provider contact name: Denise Marshall

Provider email: justiceprincekap@yahoo.co.uk

Provider phone number: 07720 372 224

MJ Sports Stars Activity & Sports Course at Benton Dene Primary School

Age range: 8-12 SEND: Friendly Paid spaces: Yes

Provider contact name: Marc Jarvis

Provider email: mjsportsstars@googlemail.com

Provider phone number: 07590 376 508

MJ Sports Stars at Backworth Park Primary School

Age range: 8-12 SEND: Friendly

Provider contact name: Marc Jarvis

Provider email: mjsportsstars@googlemail.com

Provider phone number: 07590 376 508

New Fordley Juniors

Age range: 5-18 SEND: Friendly

Provider contact name: Sean Quinn Provider email: Quinn.sean4@sky.com Provider phone number: 07709 178 348

North Tyneside Disability Forum

Age range: 8–18 SEND: Specific

Provider contact name: Susan Proctor Provider email: susan.proctor@ntdf.co.uk

Sportworks Ltd

Age range: 5–16 SEND: Friendly

Provider contact name: John Newton

Provider email: john.newton@sportworksltd.co.uk

The Wildside

Age range: 5-15 SEND: Friendly

Provider contact name: Kendra McWilliam

Provider email: the wilds idenor the ast@gmail.com

Shiremoor Adventure Playground

Age range: 4-18 SEND: Friendly

Provider contact name: Justine Pringle

Provider email: justine.pringle@northtyneside.gov.uk

Provider phone number: 0191 643 8300

Jump 360

Age range: 5-18

SEND: Friendly (parents and carers are responsible for their

own children during this activity)

Provider email: easeinto@northtyneside.gov.uk

Provider phone number: 0191 6434367

Ace Playce Family Session (specifically for children with Special Educational

Needs and Disabilities and their families)

Age range: 4–16 SEND: Specific

Provider email: easeinto@northtyneside.gov.uk

Provider phone number: 0191 643 4367

COAST - WHITLEY BAY, CULLERCOATS, MONKSEATON

Access Coaching - Appletree Gardens Primary School

Age range: 4–12 SEND: Friendly

Provider contact name: James Carron

Provider email: accesscoaching1@hotmail.co.uk

Provider phone: 07508 217 681

Barnardos at The BASE

Age range: 10-17 SEND: Friendly

Provider contact name: Katy Shipley

Provider email: NorthBDUMailbox@barnardos.org.uk /

BYPFT@barnardos.org.uk

Provider phone number: 0191 253 2127

East End Youth and Community Centre

Age range: 6-11 SEND: Friendly

Provider contact name: Dot Owston Provider email: info@eeycc.org.uk

Provider phone: 07596 957 941 / 07749 915 872

Net 360

Age range: 5–16 SEND: Friendly

Provider contact name: Emily James Provider email: emily@net360cic.uk

Sports Camps NE at Spring Gardens Primary School

Age range: 6–12 SEND: Friendly Paid spaces: Yes

Provider contact name: Chris Towers Provider email: towers88@hotmail.co.uk

Whitley Bay Food and Nutrition

Age range: 10-18 SEND: Friendly Paid spaces: Yes

Provider contact name: Ian Peake

Provider email: iangeorgepeake@hotmail.co.uk

Provider phone number: 07872 650 609

Family surfing lesson

Age range: 8–16 SEND: Friendly

Provider email: easeinto@northtyneside.gov.uk

Family stand up paddle boarding lesson

Age range: 8-16 SEND: Friendly

Provider email: easeinto@northtyneside.gov.uk

BOROUGH-WIDE / OUT OF BOROUGH

Junior Gym membership

Age range: 11-16

SEND: Friendly (any person who has a disability is entitled

to bring along up to two carers to support them)
Provider email: easeinto@northtyneside.gov.uk

Provider phone number: 0191 643 4367

Swimming pass

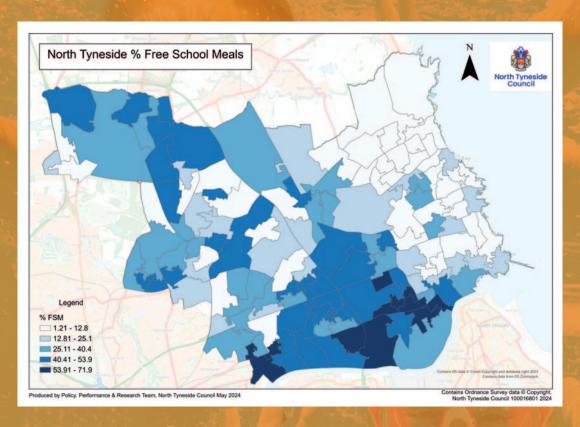
Age range: 4-16 SEND: Friendly

Provider email: easeinto@northtyneside.gov.uk

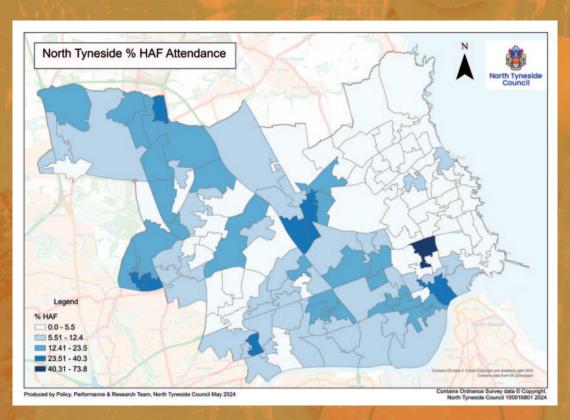
Provider phone number: 0191 643 4367



APPENDIX B



APPENDIX C



Contact us

Social Inclusion Team
North Tyneside Council
Quadrant
The Silverlink North
Cobalt Business Park
North Tyneside
NE27 OBY

