

<b>HADRIAN LEISURE CENTRE</b>	<b>Adult</b>			<b>Senior</b>			<b>Junior</b>	
	No card	Ease card	Priority ease card	No card	Ease card	Priority ease card	No card	Ease card
<b>Pool</b>								
Swim	5.70	4.30	2.30	3.90	2.90	2.00	3.90	2.30
Family swim	19.50	13.20	8.90					
Under 5 swim							1.30	0.60
Ducklings	5.30	3.00						
Aquafit / aqua HIIT	6.90	4.80	3.30	6.60	4.50	3.10	4.40	3.20
<b>Gym</b>								
Contours gym	8.20	6.10	4.10	5.50	3.90	3.00	5.50	3.50
<b>Classes</b>								
Body conditioning	6.60	4.80	3.30	6.00	4.40	2.90	3.30	2.80
HIIT	6.60	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Body pump	6.90	5.10	3.60	6.60	4.50	3.10	4.40	3.20
Body combat	6.90	5.10	3.60	6.60	4.50	3.10	4.40	3.20
Spin	6.60	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Legs, bums, tums	6.60	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Zumba	6.60	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Pilates	6.90	5.00	3.60	4.90	3.80	2.40	3.60	3.00
<b>Sport Hall</b>								
Badminton	12.30	8.90	5.80	7.50	5.60	4.30	7.50	4.60
Table tennis	12.30	8.90	5.80	7.50	5.60	4.30	7.50	4.60
11-a-side	83.20	61.80					64.70	41.90
7-a-side	56.60	43.00					40.50	28.30
Netball	29.00	22.60					19.80	14.50

THE PARKS	Adult			Senior			Junior	
	No card	Ease card	Priority ease card	No card	Ease card	Priority ease card	No card	Ease card
<b>Gym</b>								
Contours gym	8.20	6.10	4.10	5.50	3.90	3.00	5.50	3.50
<b>Classes</b>								
Pilates	6.90	5.00	3.60	4.90	3.80	2.40	3.60	3.00
Body pump	6.90	5.10	3.60	6.60	4.50	3.10	4.40	3.20
Circuits	6.50	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Nifty 50	3.40	2.60	1.50	3.40	2.60	1.50		
<b>Sports Hall</b>								
Badminton	£12.30	£8.90	£5.80	£7.50	£5.60	£4.30	£7.50	£4.60
Table tennis	£12.30	£8.90	£5.80	£7.50	£5.60	£4.30	£7.50	£4.60

TYNEMOUTH POOL	Adult			Senior			Junior	
	No card	Ease card	Priority ease card	No card	Ease card	Priority ease card	No card	Ease card
<b>Pool</b>								
Swim	5.70	4.30	2.30	3.90	2.90	2.00	3.90	2.30
Family swim	19.50	13.20	8.90					
Crash course swimming lessons							37.50	26.00
Ducklings	5.30	3.00	3.00	5.30	3.00	3.00	5.30	3.00
Baby buoys	5.30	3.00	3.00	5.30	3.00	3.00	5.30	3.00
Baby floaters	5.30	3.00	3.00	5.30	3.00	3.00	5.30	3.00
Toddler fun	5.30	3.00	3.00	5.30	3.00	3.00	5.30	3.00
Aquafit / aqua zumba	6.80	4.80	3.30	6.60	4.50	3.10	4.40	3.20
<b>Gym</b>								
Contours gym	8.20	6.10	4.10	5.50	3.90	3.00	5.50	3.50
<b>Classes</b>								
Zumba gold	6.50	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Zumba	6.50	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Body combat	6.90	5.10	3.60	6.60	4.50	3.10	4.40	3.20
Pilates	6.90	5.00	3.60	4.90	3.80	2.40	3.60	3.00
Yoga	6.90	5.00	3.60	4.90	3.80	2.40	3.60	3.00
Legs, bums, tums	6.50	4.80	3.30	6.00	4.40	2.90	3.30	2.80
Virtual body pump (60 minutes)	6.90	5.10	3.60	6.00	4.40	2.90		
Virtual body combat (30 minutes)	3.50	2.60	1.80	3.30	2.30	1.55	2.00	1.50
Virtual body pump – no juniors (30 minutes)	3.50	2.60	1.80	3.30	2.30	1.55		
Virtual body balance (30 minutes)	3.50	2.60	1.80	3.30	2.30	1.55	2.00	1.50

<b>WAVES</b>	<b>Adult</b>			<b>Senior</b>			<b>Junior</b>	
	No card	Ease card	Priority ease card	No card	Ease card	Priority ease card	No card	Ease card
<b>Pool</b>								
Swim	£6.60	£4.40	£2.50	£4.50	£3.10	£2.10	£4.50	£2.60
Family swim	£22.10	£13.80	£9.30					
Under 5 swim							£1.50	70p
Ducklings	5.30	3.00	3.00	5.30	3.00	3.00	5.30	3.00
Swimming lessons							£7.50	£5.20
Aquafit	£6.80	£4.80	£3.30	£6.60	£4.50	£3.10	£4.40	£3.20
<b>Gym</b>								
Contours gym	£8.20	£6.10	£4.10	£5.50	£3.90	£3.00	£5.50	£3.50
<b>Classes</b>								
Pilates / yoga (60 minutes)	£6.90	£5.00	£3.60	£4.90	£3.80	£2.40	£3.60	£3.00
Pilates / yoga (90 minutes)	£10.40	£7.80	£5.40	£7.50	£5.60	£3.60	£5.50	£4.40
Body pump / combat / balance	£6.90	£5.10	£3.60	£6.60	£4.50	£3.10	£4.40	£3.20
Zumba / step and tone	£6.50	£4.80	£3.30	£6.00	£4.40	£2.90	£3.30	£2.80

THE LAKESIDE CENTRE	Adult			Senior			Junior	
	No card	Ease card	Priority ease card	No card	Ease card	Priority ease card	No card	Ease card
<b>Pool</b>								
Swim	£5.70	£4.30	£2.30	£3.90	£2.90	£2.00	£3.90	£2.30
Under 5 swim							£1.30	60p
Family swim	£19.50	£13.20	£8.90					
Swimming lessons							£7.50	£5.20
Aquafit / aqua zumba	£6.80	£4.80	£3.30	£6.60	£4.50	£3.10	£4.40	£3.20
<b>Gym</b>								
Contours gym	£8.20	£6.10	£4.10	£5.50	£3.90	£3.00	£5.50	£3.50
<b>Classes</b>								
Pilates / yoga (60 minutes)	£6.90	£5.00	£3.60	£4.90	£3.80	£2.40	£3.60	£3.00
Body pump / combat / balance	£6.90	£5.10	£3.60	£6.60	£4.50	£3.10	£4.40	£3.20
Boxercise / circuits / HIIT/ step / spin / zumba	£6.50	£4.80	£3.30	£6.00	£4.40	£2.90	£3.30	£2.80
50 Club / zumba gold / line dancing	£3.40	£2.60	£1.50					
<b>Sports Hall</b>								
Badminton	£12.30	£8.90	£5.80	£7.50	£5.60	£4.30	£7.50	£4.60
Table tennis	£12.30	£8.90	£5.80	£7.50	£5.60	£4.30	£7.50	£4.60