

Middle School menu



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Pork meatballs in a tomato & sweet pepper sauce served with penne pasta	Savoury minced beef & onion pie served with creamed potatoes	Sweet chilli chicken served in a wrap	Roast turkey and Yorkshire pudding served with roast potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Quorn sausages served with baby potatoes	Homemade macaroni cheese	Cheese and tomato pizza served with oven baked potato wedges	Vegetable Chow Mein	Lentil & sweet potato curry served with brown rice
Hot pasta pot served with choice of sauce All served with seasonal vegetables and a selection of homemade salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Raspberry muffin served with fruit juice	St Clements cake served with custard	Fruity crunch slice served with chilled milk	Fruit jelly served with peaches & vanilla ice cream	Melting chocolate & pear sponge served with custard
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH
food
matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

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