

# Middle School menu

## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Oven baked pork sausages served with creamed potatoes	Salmon and broccoli pasta bake	Minced beef Bolognese pasta	Roast beef and Yorkshire pudding served with roast potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Mexican style bean wrap	Cheese and tomato pizza served with oven potato baked wedges	Vegetable burger in a bun served with oven baked potato wedges	Vegetable fingers served with roast potatoes	Quorn vegetable chilli served with brown rice
Hot pasta pot served with choice of sauce All served with seasonal vegetables and a selection of homemade salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Pineapple and coconut sponge served with custard	Homemade chocolate fudge brownie served with pears & custard	Dutch apple crumble served with vanilla ice cream	Creamy rice pudding served with mandarin oranges	Oaty crunch biscuit served with chilled milk
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

**FRESH** food  
**matters**

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

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