

Middle School menu



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Beef burger in a bun served with oven baked potato wedges	Homemade minced beef & herby dumpling served with creamed sweet potato	Homemade chicken curry served with brown rice	Roast pork loin and Yorkshire pudding served with baby new potatoes	Battered fish served with chipped potatoes
MEAT FREE CHOICE	Penne pasta served with homemade tomato sauce	Cheese and tomato pizza served with oven baked potato wedges	Quorn Shepherd's pie	Cheese & onion lattice served with oven baked potato wedges	Cauliflower falafel burger served with chipped potatoes
Hot pasta pot served with choice of sauce All served with seasonal vegetables and a selection of homemade salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Steamed peach & syrup sponge served with custard	Golden coconut cookie served with chilled milk	Very berry sponge served with custard	Frozen yoghurt dessert served with homemade shortbread biscuit	Chocolate & banana muffin served with fruit juice
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH food
matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

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