

Save a Baby's Life Whitley Bay Customer First Centre

Come along and learn basic First Aid skills including how to deal with choking, burns, serious bleeds and how to give CPR.



06 April 19
01 June 19
13 July 19



10:00 - 11:30am

If you would like to book your place on one of the above dates please contact reception:-

Riverside Children's Centre 0191 6438899
Whitley Bay Customer First Centre 0191 6438804

For more information about Activities and Groups in your area, why not look on our 'Sign Directory' <https://services.northtyneside.gov.uk/sign/> or simply type into Google 'Sign Directory North Tyneside'.



Rooms available to hire.



What's On? April – June 2019



Central Locality Team
Based at Riverside Children's Centre
Check out the back page for
'Save a Baby's Life' dates and venue!

Booking required only where stated
Contact Riverside on 0191 643 8899 for further Information





You can now register your baby's birth at your local Children's Centre
(By appointment only - Mon to Fri)
Riverside Children's Centre
0191 643 8899



(By appointment only – Fridays 1pm – 4.00pm)
Whitley Bay Customer First Centre
0191 643 8804



North Tyneside Council

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Young Parents Group (Drop – In) For under 25 year olds and their children 1.00pm – 3.00pm Riverside Children's Centre</p> <p>Well Baby Clinic Health related advice for 0-5's (Drop-in) 9.30am – 10.30am Cedarwood Trust 0191 2590245</p> <p>Breastfeeding Peer Support Group 11.00am – 12.30pm Cedarwood Trust 0191 2590245</p> <p>Midwife Drop-in for Expectant Mums Call in to see the community midwives 9.30am – 11.00am Riverside Children's Centre</p> 	<p>Well Baby Clinic Health related advice for 0-5's (Drop-in) 1.00pm – 2.30pm Riverside Children's Centre</p>  <p>0-2 Stay & Play (Drop – In) For children under 2 and their parent/carers. Lots of fun activities 1.00pm -3.00pm Riverside Children's Centre</p>	<p>Well Baby Clinic 9.30am – 11.30am North Shields Customer First Centre 0191 6435270</p>  <p>Adult Learning Alliance English and Maths Classes (Term Time Only) Please contact the enrolment line on 0191 6432288 to book.</p> <p>English: 9.15am –11.45am and 1.00pm – 3.30pm</p> <p>Maths: 1.00pm – 3.30pm Riverside Children's Centre</p>	<p>0-5 Stay and Play (Drop-in) Including Sensory Play 9.30am – 11.00am Riverside Children's Centre</p> 	<p>Adult Learning Alliance English and Maths Classes (Term Time Only) Please contact the enrolment line on 0191 6432288 to book.</p> <p>Maths: 9.15am - 11.45am Riverside Children's Centre</p> <p>Midwife Drop-in for Expectant Mums Call in to see the community midwives 9.30am – 11.00am Riverside Children's Centre</p>