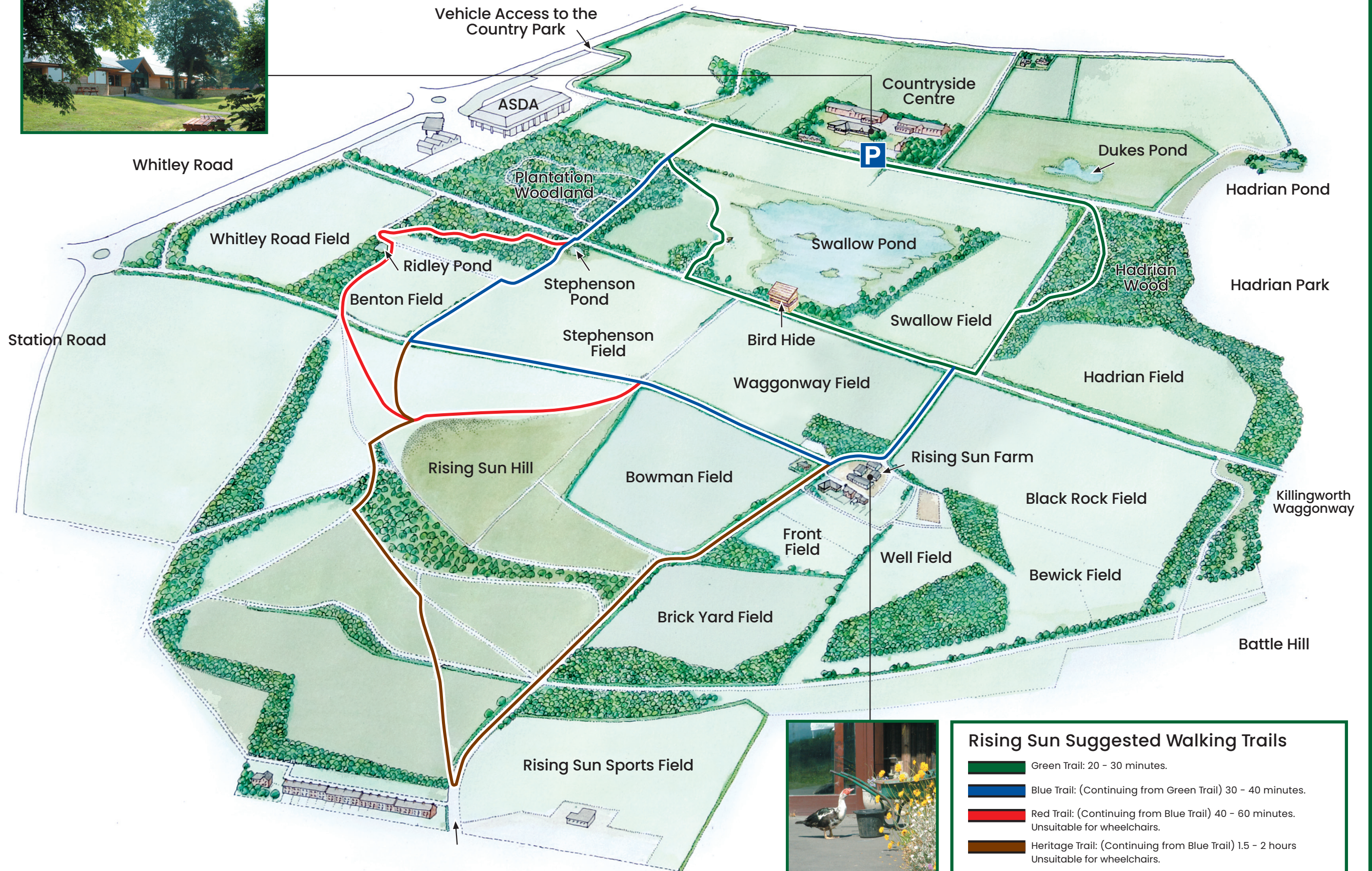








# Welcome to the **Rising Sun Country Park**



North  
Tyneside  
Council



## Rising Sun Suggested Walking Trails

-  Green Trail: 20 - 30 minutes.
-  Blue Trail: (Continuing from Green Trail) 30 - 40 minutes.
-  Red Trail: (Continuing from Blue Trail) 40 - 60 minutes.  
Unsuitable for wheelchairs.
-  Heritage Trail: (Continuing from Blue Trail) 1.5 - 2 hours  
Unsuitable for wheelchairs.

Park code: Dogs are to be kept on a lead while in the nature reserve, centre grounds and near the farm. Dogs are to be kept under control at all times.

Take your litter home with you. Cyclists and horse riders are to keep to bridleways and not use the footpaths. There is no access to the edge of the Swallow Pond. Please do not remove plants or animals from the Country Park.