

Hadrian Leisure Centre

ST PETER'S ROAD, WALLSEND, NE28 7LQ

POOL PROGRAMME



North Tyneside Council

Summer Holiday
Pool Programme
2025



hadrianleisure



@NTCLeisure



(0191) 643 2025

MONDAY

21 July

Public swimming:

Main pool
7.15am–9.30pm (adults only from 8.30pm)
Lane swimming (main pool)
7.15am–1pm
3.00pm–9.30pm (adults only from 8.30pm)
Small pool
7.15am–8am
8.45am–9.30pm (adults only from 8.30pm)

Activities:

Main pool	
1.30–3pm	Toy and floats
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 a session)
Small pool	
8am – 8.45am	Aqua HIIT
1.30–3pm	Toys and Floats

TUESDAY

22 July

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
7.15pm – 8pm	AquaFit (shallow end)

WEDNESDAY

23 July

Public swimming:

Main pool
7.15am – 9.30pm (adults only from 8.30pm)
Lane swimming (main pool)
7.15am – 9.10am
10am – 12.30pm
3pm – 6.45pm
7.45pm – 9.30pm (adults only from 8.30pm)
Small pool
7.15am – 8am
9am – 6.45pm
8pm – 9.30pm (adults only from 8.30pm)

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

24 July

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	Aquafit (shallow end)
7.45pm – 8.30pm	Aquafit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

25 July

Public swimming:

Main pool	
7.15am – 6.30pm	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 1pm	
3pm – 6.30pm	
Small pool	
7.15am – 6.30pm	

Activities:

Main pool	
9.30am – 10.15am	Aqua Zumba (shallow end)
1.30pm – 2.45pm	Summer Pool Party – inflatable
Small pool	
1.30 – 2.45pm	Summer Pool Party – pool dye, Toys and Floats

26 July

Public swimming:

Main pool
8.15am – 3.15pm
Lane swimming (main pool)
8.15am – 9.45am
11am – 1.45pm
Small pool
8.15am – 3.15pm

Activities:

Main pool	
10am – 10.45am	Aquafit (shallow end)
2.15pm – 3.15pm	Inflatable Obstacle Course (drop in)
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*
Small pool	
2.15pm – 3.15pm	Toys and Floats
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

27 July

Public swimming:

Main pool	
8.15am - 3.15pm	
Lane swimming (main pool)	
8.15am - 3.15pm	
Small pool	
8.15am - 3.15pm	

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)

28 July

Public swimming:

Main pool
7.15am–9.30pm (adults only from 8.30pm)
Lane swimming (main pool)
7.15am–1pm
3pm–9.30pm (adults only from 8.30pm)
Small pool
7.15am–8am
8.45am–9.30pm (adults only from 8.30pm)

Activities:

Main pool	
1.30–3pm	Toy and floats
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 a session)
Small pool	
8am – 8.45am	Aqua HIIT
1.30–3pm	Toys and Floats

29 July

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
7.15pm – 8pm	AquaFit (shallow end)

30 July

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.10am	
10am – 12.30pm	
3pm – 6.45pm	
7.45pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 8am	
9am – 6.45pm	
8pm – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

31 July

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	Aquafit (shallow end)
7.45pm – 8.30pm	Aquafit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

1 August

Public swimming:

Main pool	
7.15am – 6.30pm	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 1pm	
3.30pm – 6.30pm	
Small pool	
7.15am – 1.30pm	
3pm – 6.30pm	

Activities:

Main pool	
9.30am – 10.15am	Aqua Zumba (shallow end)
1.30pm – 2.45pm	Inflatable Obstacle Course (bookable)
Small pool	
1.30 – 3pm	Toys and Floats

2 August

Public swimming:

Main pool
8.15am – 3.15pm
Lane swimming (main pool)
8.15am – 9.45am
11am – 1.45pm
Small pool
8.15am – 3.15pm

Activities:

Main pool	
10am – 10.45am	Aquafit (shallow end)
2.15–3.15pm	Inflatable obstacle course -drop in
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*
Small pool	
2.15–3.15pm	Toys and floats
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

SUNDAY

3 August

Public swimming:

Main pool	
8.15am – 3.15pm	
Lane swimming (main pool)	
8.15am – 3.15pm	
Small pool	
8.15am – 3.15pm	

Activities:

Main pool	
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Club Hire
Small pool	
3.45pm – 4.45pm	Pool Parties (bookable)

MONDAY

4 August

Public swimming:

Main pool	
7.15am–9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am–1pm	
3.00pm–9.30pm (adults only from 8.30pm)	
Small pool	
7.15am–8am	
8.45am–9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
1.30–3pm	Toy and floats
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 a session)
Small pool	
8am – 8.45am	Aqua HIIT
1.30–3pm	Toys and Floats

TUESDAY

5 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
7.15pm – 8pm	Aquafit (shallow end)

6 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.10am	
10am – 12.30pm	
3pm – 6.45pm	
7.45pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 8am	
9am – 6.45pm	
8pm – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

7 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	Aquafit (shallow end)
7.45pm – 8.30pm	Aquafit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

8 August

Public swimming:

Main pool	
7.15am – 6.30pm	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 1pm	
3.30pm – 6.30pm	
Small pool	
7.15am – 1.30pm	
3pm – 6.30pm	

Activities:

Main pool	
9.30am – 10.15am	Aqua Zumba (shallow end)
1.30pm – 2.45pm	Inflatable Obstacle Course (bookable)
Small pool	
1.30 – 3pm	Toys and Floats

9 August

Public swimming:

Main pool
8.15am – 3.15pm
Lane swimming (main pool)
8.15am – 9.45am
11am – 1.45pm
Small pool
8.15am – 3.15pm

Activities:

Main pool	
10am – 10.45am	Aquafit (shallow end)
2.15pm – 3.15pm	Inflatable Obstacle Course (drop in)
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*
Small pool	
2.15pm – 3.15pm	Toys and Floats
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

10 August

Public swimming:

Main pool	
8.15am - 3.15pm	
Lane swimming (main pool)	
8.15am - 3.15pm	
Small pool	
8.15am - 3.15pm	

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)

11 August

Public swimming:

Main pool
7.15am–9.30pm (adults only from 8.30pm)
Lane swimming (main pool)
7.15am–11am
3.00pm–9.30pm (adults only from 8.30pm)
Small pool
7.15am–8am
8.45am–9.30pm (adults only from 8.30pm)

Activities:

Main pool	
11am–1pm	Lifeguard course (2 lanes)
1.30–3pm	Toy and floats
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 a session)
Small pool	
8am – 8.45am	Aqua HIIT
1.30–3pm	Toys and Floats

TUESDAY

12 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 10am	
1pm – 2.30pm	
4.30pm – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
10am – 1pm	Lifeguard course (2 lanes)
2.30pm – 4.30pm	Lifeguard course (2 lanes)
7.15pm – 8pm	Aquafit (shallow end)

WEDNESDAY

13 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.10am	
3pm – 6.45pm	
7.45pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 8am	
9am – 1.30pm	
3pm – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
10am – 1pm	Lifeguard course (2 lanes)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

14 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
1pm – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	AquaFit (shallow end)
10.15am – 1pm	Lifeguard course (2 lanes)
7.45pm – 8.30pm	AquaFit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

FRIDAY

15 August

Public swimming:

Main pool	
7.15am – 6.30pm	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 1pm	
3.30pm – 6.30pm	
Small pool	
7.15am – 1.30pm	
3pm – 6.30pm	

Activities:

Main pool	
9.30am – 10.15am	Aqua Zumba (shallow end)
1.30pm – 2.45pm	Inflatable Obstacle Course (bookable)
3pm – 6pm	Lifeguard course (2 lanes)
Small pool	
1.30 – 2.45pm	Toys and Floats

16 August

Public swimming:

Main pool
8.15am – 3.15pm
Lane swimming (main pool)
8.15am – 10.25am
11am – 1.45pm
Small pool
8.15am – 3.15pm

Activities:

Main pool	
10am – 10.45am	Aquafit (shallow end)
2.15pm – 3.15pm	Inflatable Obstacle Course (drop in)
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*
Small pool	
2.15pm – 3.15pm	Toys and Floats
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

17 August

Public swimming:

Main pool	
8.15am - 3.15pm	
Lane swimming (main pool)	
8.15am - 3.15pm	
Small pool	
8.15am - 3.15pm	

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)



MONDAY

18 August

Public swimming:

Main pool	
7.15am–9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am–1pm	
3.00pm–9.30pm (adults only from 8.30pm)	
Small pool	
7.15am–8am	
8.45am–9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
1.30–3pm	Toy and floats
7pm – 8.30pm	North Tyneside swimming club (4 lanes) Public also swimming available
8.30pm – 9.30pm	Swim to Trim (£1 a session)
Small pool	
8am – 8.45am	Aqua HIIT
1.30–3pm	Toys and Floats

19 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
7.15pm – 8pm	AquaFit (shallow end)

20 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.10am	
10am – 12.30pm	
3pm – 6.45pm	
7.45pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 8am	
9am – 6.45pm	
8pm – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

21 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	Aquafit (shallow end)
7.45pm – 8.30pm	Aquafit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

22 August

Public swimming:

Main pool	
7.15am - 6.30pm	
Lane swimming (main pool)	
7.15am - 9.25am	
10.30am - 1pm	
3.30pm - 6.30pm	
Small pool	
7.15am - 6.30pm	

Activities:

Main pool	
9.30am - 10.15am	Aqua Zumba (shallow end)
1.30pm - 2.45pm	Inflatable Obstacle Course
Small pool	
1.30 - 3pm	Toys and Floats

23 August

Public swimming:

Main pool
8.15am - 3.15pm
Lane swimming (main pool)
8.15am - 10.25am
11.20am - 1.45pm
Small pool
8.15am - 3.15pm

Activities:

Main pool	
10.30am - 11.15am	Aquafit (shallow end)
2.15pm - 3.15pm	Inflatable Obstacle Course
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Additional Needs Session*
Small pool	
2.15pm - 3.15pm	Toys and Floats
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

24 August

Public swimming:

Main pool	
8.15am - 3.15pm	
Lane swimming (main pool)	
8.15am - 3.15pm	
Small pool	
8.15am - 3.15pm	

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)

MONDAY

25 August
Bank Holiday
Closed

TUESDAY

26 August
Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 7pm	
8.00pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
7.15pm – 8pm	Aquafit (shallow end)

WEDNESDAY

27 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.10am	
10am – 12.30pm	
3pm – 6.45pm	
7.45pm – 9.30pm (adults only from 8.30pm)	
Small pool	
7.15am – 8am	
9am – 6.45pm	
8pm – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.15am – 10am	Aquafit (shallow end)
12.30pm – 1.30pm	Staff Training (2 lanes)
1.30pm – 3pm	Toys and floats
7pm – 7.45pm	Aquafit (shallow end)
Small pool	
8am – 8.45am	Aqua HIIT
1.30pm – 3pm	Toys and floats

THURSDAY

28 August

Public swimming:

Main pool	
7.15am – 9.30pm (adults only from 8.30pm)	
Lane swimming (main pool)	
7.15am – 9.25am	
10.30am – 7.30pm	
8.30pm – 9.30pm (adults only)	
Small pool	
7.15am – 9.30pm (adults only from 8.30pm)	

Activities:

Main pool	
9.30am – 10.15am	AquaFit (shallow end)
7.45pm – 8.30pm	AquaFit (shallow end)
8.30pm – 9.30pm	Twilight Swim (dimmed lighting)

29 August

Public swimming:

Main pool	
7.15am - 6.30pm	
Lane swimming (main pool)	
7.15am - 9.25am	
10.30am - 1pm	
3.30pm - 6.30pm	
Small pool	
7.15am - 6.30pm	

Activities:

Main pool	
9.30am - 10.15am	Aqua Zumba (shallow end)
1.30pm - 2.45pm	Summer Pool Party!! Inflatable
Small pool	
1.30 - 2.45pm	Summer Pool Party – pool dye, Summer tunes, toys and floats

30 August

Public swimming:

Main pool
8.15am – 3.15pm
Lane swimming (main pool)
8.15am – 10.25am
11am – 1.45pm
Small pool
8.15am – 3.15pm

Activities:

Main pool	
10am – 10.45am	Aquafit (shallow end)
2.15pm – 3.15pm	Inflatable Obstacle Course (drop in)
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*
Small pool	
2.15pm – 3.15pm	Toys and Floats
3.45pm – 4.45pm	Pool parties (bookable)
5pm – 6pm	Additional Needs Session*

*Please call if access to 'changing places' facilities is required before the start time of the session

31 August

Public swimming:

Main pool	
8.15am - 3.15pm	
Lane swimming (main pool)	
8.15am - 3.15pm	
Small pool	
8.15am - 3.15pm	

Activities:

Main pool	
3.45pm - 4.45pm	Pool parties (bookable)
5pm - 6pm	Club Hire
Small pool	
3.45pm - 4.45pm	Pool Parties (bookable)