



TOOL KIT

(version 1.1)

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COVID-19 update

Helping pupils back to school safely is our top priority.

Social distancing guidelines must be followed, which means we must minimise the number of cars at the school gates, while dealing with a limited capacity on public transport. The risk is that more parents choose to drive as the schools return. This is worrying in terms of social distancing, as well as the health and safety of our school children. It will also negatively affect the wider transport network.

We need to help everyone think about their travel options. The emphasis of our messages to parents will be very much on active travel, especially for those living within two miles of their school. For those that must drive, attempts to establish 'park and stride' sites are a priority.

We hope that the contents of this toolkit might be useful in contributing to those aims. Activities 1-6 could be particularly effective in reducing traffic and helping with social distancing. The others are activities that you may wish to think about as well, or in the longer term.

School Streets

School Streets campaigns involve the temporary closure of streets outside school gates during the hours of school drop-off and pick-up. Although temporary, they could lead to regular closure and, in some cases, permanent arrangements.

If you are interested in your school being considered, please contact gosmarter@northtyneside.gov.uk.

Introduction

Please consider running any of the activities listed here for your school.

For any advice please contact gosmarter@northtyneside.gov.uk

For any activity, or just to inform people on active travel, road safety, air pollution etc., consider telling everyone by:

- Writing a newsletter article
- Using Twitter / School App
- School assembly
- Speaking to school council

If you would like to organise any active travel activities to link to the curriculum, such as creative writing or creating videos, please contact the team for any support required.

1. PARK AND STRIDE

When parents need to bring the car on the school run, encourage them to park away from school and walk the last part of the journey.

- Write a newsletter article to tell parents
- Possibly send them a map of surrounding streets (section 2)

Perhaps there is a particular location where parents can park the car and then walk to the school.

- Look for a place between 5 - 10-minutes' walk from school, for example a pub or supermarket car park.
- Ask the owners for permission for your school parents to use at drop off and pick up.
- Possibly design a 'permit' for parents to show in their car window.



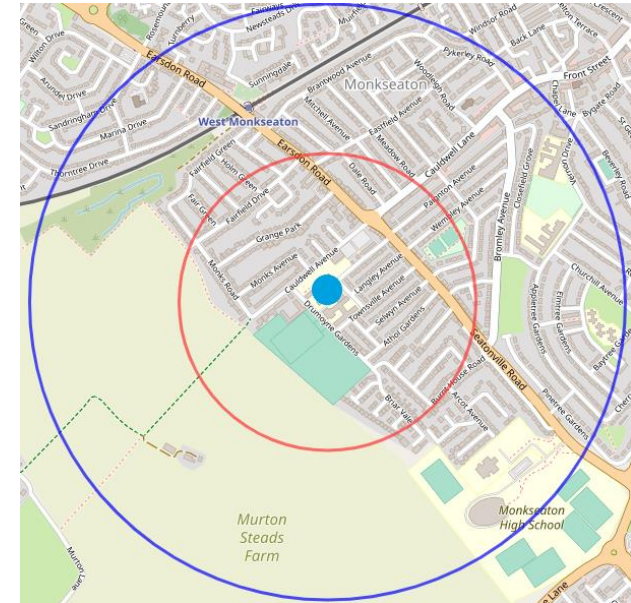
2. SCHOOL MAPS

Create a map of the school and its surrounding streets, highlighting 5 and 10-minute walking zones.

- Go to <https://gosmarter.pindarcreative.co.uk/index.php>
- Enter information about the school and the map you wish to create
- Add icons from the key if required
- Save and print map

n.b. The Go Smarter team can create a map for you if you would like to request one from:

gosmarter@northtyneside.gov.uk



3. CAR-FREE DAY

Encourage parents to leave the car at home or, at least, away from the school for a day.

- Choose a suitable date.
- Encourage all parents to either leave the car at home on that day, or at least park away from school and walk the last part.
- If possible, suggest a place that they can 'park and stride'. If this place belongs to someone – a pub or a shop for example, always ask permission.
- Survey pupils as they arrive on the day to find out how they travelled.
- Perhaps have a competition to see which class had the most active travellers.



4. WALK TO SCHOOL WEEK

Encourage pupils to walk to school for a week.

- Choose a suitable week.
- Encourage all parents and children to travel as actively as possible for the week.
- If possible, suggest a place that they can 'park and stride'. If this place belongs to someone – pub, shop, for example, always ask permission.
- Ask all pupils to 'sign in' all week, explaining how they travelled.
- Give an award to the class with the most active travel recorded.



5. BLING YOUR BIKE

Encourage pupils to cycle to school while decorating their bikes.

- Choose a suitable date.
- Encourage all children to cycle all or some of the way to school that day.
- If possible, suggest a place that they can 'park and stride'. If this place belongs to someone – pub, shop, for example, always ask permission.
- Hold a competition for the person with the best decorated bike.
- Think about including walkers with decorated shoes.
- Make sure all cyclists know where in school to put their bikes.



6. ACTIVE TRAVELLERS' BREAKFAST

Encourage pupils to travel actively by rewarding them with breakfast.

- Check if the school could provide a drink and small breakfast for each child taking part.
- Choose a suitable date.
- Encourage all children to travel actively and arrive early that day.
- If possible, suggest a place that they can 'park and stride'. If this place belongs to someone – pub, shop, for example, always ask permission.
- Provide an area where children can sit and eat.



7. PARKING / IDLING PLEDGE

Request parents to turn off engines while stationary, and park safely

- Decide all the things you would like parents in cars to do each day. This could include parking away from the gates, not leaving engines running, reducing speed, not parking on paths, and other things.
- Create a document including all of your ideas, make posters and write a newsletter article.
- Ask parents to 'sign up' to your pledge to make the school gates a safer place.



8. MODESHIFT STARS

Get rewarded for your work on sustainable travel

- Register at <https://www.modeshiftstars.org/education/>
- Create a travel plan and record your activities to gain Stars!



9. ECO-SCHOOLS

Get rewarded for your work on environmental projects

- Register at www.eco-schools.org.uk
- Register activities online

Activity with Go Smarter can help you complete the Transport section



10. LESSONS AND ACTIVITIES

Use Go Smarter lesson plans to learn.

- Go to www.sgsteachingresources.co.uk/resources
- Search for lessons or activities by subject and age group
- Some good ones are shown in the table below:



Subject	Topic	KS level	Title	Description	Link
Literacy / Science	Environmental / pollution / travel	Lower KS2	Who owns the world	Slides with activities to do at the end	Who owns the world
Science	Pollution	Lower KS2 / Upper KS2	Air pollution - facts	Slides	Air pollution facts
Literacy / PSHE	Pedestrian training	Lower KS2	Green Cross Code	Worksheet	Green cross code
Literacy / PSHE / Science	Active and Sustainable Travel	Lower KS2	Worrying Times!	Slides with letter-writing activity	Worrying Times!
History	Transport	Lower KS2	How Has Transport Changed?	Slides – the history of transport – timeline task at the end	How has transport changed?

OTHER USEFUL LINKS / CONTACTS

Bikeability		cycling@northtyneside.gov.uk
Go Smarter bike maintenance videos		https://bit.ly/2EyV8Ag
North Tyneside cycling maps	Paper versions	cycling@northtyneside.gov.uk
	Electronic versions	https://my.northtyneside.gov.uk/category/1458/free-north-tyneside-cycle-and-walking-maps
Bike recycling	Recyke 'ybike	www.recyke.bike or email sara@recyke.bike
	Key Enterprises	www.key-enterprises.com or email reception@key-enterprises.com
	WATBike	email cycling@watbus.org.uk
	Northumbria Youth Action Ltd	www.Northumbriaya.co.uk or email info@northumbria.co.uk
Pedestrian training		email Juleen Brown: Juleen.Brown@capita.com
North Tyneside Summer of Cycling		https://my.northtyneside.gov.uk/category/1466/summer-cycling
Sustrans Big Pedal		https://www.sustrans.org.uk/our-blog/projects/2019/uk-wide/sustrans-big-pedal
Reflective items	Style Brands	https://www.stylebrands.co.uk/
	Brightkidz	https://brightkidz.co.uk/