

# Food allergies



## Food allergies and intolerances

North Tyneside Council recognises the importance of making school meals available for everyone and that includes children with food allergies and intolerances.

## Peace of mind

All our core menus are analysed by a qualified dietician as part of a partnership between North Tyneside Council and Northumbria Healthcare Foundation Trust, ensuring the menu we offer is suitable for your child's needs.

## Types of Diets

We currently offer a range of diets including:-

- Milk free
- Egg free
- Gluten free
- Legume free
- Nut free

## To arrange an appointment

**If your child requires a medically prescribed diet you must contact Catering Services and not the school to make an appointment to discuss your child's dietary requirements.**

Telephone **0191 643 8355**

Email

**catering.services@northtyneside.gov.uk**

In the interest of safety a meal cannot be provided for your child until you have met with a Manager from North Tyneside Council Catering Services.

A menu will be compiled for your child to suit the diet required and implemented with the Unit Supervisor in your child's school.