

Food allergies



Food allergies and intolerances

North Tyneside Council recognises the importance of making school meals available for everyone and that includes children with food allergies and intolerances.

Peace of mind

All our core menus are analysed by a qualified dietician as part of a partnership between North Tyneside Council and Northumbria Healthcare Foundation Trust, ensuring the menu we offer is suitable for your child's needs.

Types of Diets

We currently offer a range of diets including:-

- Milk free
- Egg free
- Gluten free
- Legume free
- Nut free

To arrange an appointment

If your child requires a medically prescribed diet you must contact Catering Services and not the school to make an appointment to discuss your child's dietary requirements.

Telephone **0191 643 8355**

Email

catering.services@northtyneside.gov.uk

In the interest of safety a meal cannot be provided for your child until you have met with a Manager from North Tyneside Council Catering Services.

A menu will be compiled for your child to suit the diet required and implemented with the Unit Supervisor in your child's school.