

this week's menu



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Savoury minced beef & dumpling served with mashed potato	Chicken fillet in a bun served with oven baked potato wedges	Pork & apple hot pot	Roast beef, Yorkshire pudding served with new potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Vegetable fingers served with oven baked potato wedges	Quorn meatballs in a homemade tomato sauce served with wholemeal pasta	Cheese and tomato pizza	Sweet and sour vegetables served on a bed of brown rice	Spinach and ricotta tortellini in a homemade tomato sauce
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Apple and cinnamon swirl served with chilled milk	Homemade chocolate brownie served with chilled milk	Fruit jelly & ice cream served with peaches	Homemade mandarin sponge served with custard	Sticky toffee date sponge served with fudge sauce
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH food
matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

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